# Ordering *The Caregiver Helpbook* for Caregiver Classes and Class Leader Trainings

- Go to the Extension Store: https://store.extension.iastate.edu.
- 2. In the search bar, search for "Helpbook".



3. Select from the list of *The Caregiver Helpbook* items:

The Caregiver Helpbook (HS 136A)

*The Caregiver Helpbook* (case of 20) (HS 136A 20)

*The Caregiver Helpbook* – Spanish (HS 136A(S))

*The Caregiver Helpbook* - Spanish (case of 20) (HS 136A(S) 20)

The Caregiver Helpbook Ebook (HS 136AE)



4. Click the **Add to Cart** button. Update the number of books in the text box next to the Update button. Click **Update**.

#### 5. Select Checkout

DWA SL stension an	ATE UNIVERSIT nd Outreach	Y		Search	MY ACCOU
Store Home	Agriculture & Environment ~	Families & Health v Economic Development v Yard	I & Garden ~	4·H ∽ More Res	sources ~
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	The Caregiver Helpbook - P Tools for Caregivers	'owerful Tools for CaregiversThe Caregiver Helpbook - Power	<sup>ful</sup> \$30.00	1 Update Delete	\$30.00
		Subtotal			\$30.00
		Total Discount			\$0.00
		Shipping			\$7.52
		Handling			62.4

 If you do not yet have an account at the lowa State University Extension Store, create an account to checkout and pay for the items.

**Help:** If you have questions about ordering books, please contact the Extension Store at 515-294-5247 or **extstore@iastate.edu**.

#### Powerful Tools for Caregivers

### Create an account at the Extension Store

Create an account to access the latest Powerful Tools for Caregivers materials for offering PTC Caregiver Classes and Class Leader Trainings.

- Go to the Extension Store: https://store.extension.iastate.edu.
- 2. Select the **New User? Create an Account** button.



3. Complete all form fields.

Be sure to use the primary **email address** that PTC uses to contact you.

Need to update your email address with PTC? Contact **deblieck@iastate.edu** to share your new email address.

- 4. Select **Create Account** button. A message containing a verification link is sent to your email address.
- Open the email message from the *Extension Store* with subject line: *Extension Store Account Verification*. (Be sure to check junk/spam folders if message does not appear in your inbox.)



- Click on the link in the message to verify your account with the Extension Store. A web browser window will open to the Extension Store account verification page.
- 7. Enter the **email address and password** you specified during account creation.

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Email Address		Password
Password		Sign In
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		New User? Create An Account

8. Select **Submit** to complete account setup.

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	using the bar on the rig	ht.				taylork@iastate.edu
						Sign In
						Forgot Password?

**Help:** If you have questions about creating an account, please contact the Extension Store at 515-294-5247 or **extstore@iastate.edu**.

# Finding Powerful Tools for Caregivers materials at the

## **Extension Store:**

# **PTC Caregiver Class Materials for Class Leaders**

Browse and download Powerful Tools for Caregivers files that support you in offering PTC Caregiver Classes in your community.

- 1. Go to the Extension Store: https://store.extension.iastate.edu.
- 2. Login by entering your Email and Password under **My Account**.



- Search for Powerful Tools for Caregivers
- File name: Class Leader Materials Powerful Tools for Caregivers <u>https://store.extension.iastate.edu/produ</u> <u>ct/16224</u>



- 5. Click Download.
- 6. Open the file.
- 7. Start here: 1300 Implementation Guide

2 Hour Caregiver Children PTC
2.5 Hour Caregiver Adult PTC
90 Minute Caregiver Adult PTC
Managing Stress Workshop
Program Templates
.DS_Store
1300 Implementation Guide PTC Caregiver Class
1312 Conducting Virtual Classes PTC Caregiver Class

- **Program Templates Folder:** For use for all types of Caregiver classes
- Managing Stress Workshop Folder: For the promotional presentation, Managing Caregiver Stress
- 90 Minute Caregiver Adult PTC Folder: For the 90-minute classes for caregivers of adults
- 2 Hour Caregiver Children PTC Folder: For the 2-hour classes for caregivers of children with special needs
- **2.5 Hour Caregiver Adult PTC:** For the 2.5-hour classes for caregivers of adults

Have questions about the files? Contact <a href="mailto:ptcaregivers@iastate.edu">ptcaregivers@iastate.edu</a>

# **PTC Class Leader Training: Confirmation Form**

Master Trainers will complete the confirmation form to register their Class Leader Training event. Powerful Tools for Caregivers now has an online form for you to complete.

- 1. Go to **Powerful Tools for Caregivers**: https://www.powerfultoolsforcaregivers.org/
- Click on the Class Leaders tab: <u>https://www.powerfultoolsforcaregivers.org/</u> <u>class-leaders/</u>
- 3. Scroll down to the Class Leader Training Schedule:

Class Le	Class Leader Training Schedule					
More that schedule ptcaregiv Another leaders.     Training	n 50 Class Leader trainings each year occur throughout the year around the country. This is updated regularly. Check the training schedule here or email the national PTC office at option is ourrange to have PTC send Master Trainers to your area to train 8-16 class cost varies depending on the level of support from local training sponsor organization.					
Master Trainer	9: If you have scheduled a training, fill out the Class Leader Training Confirmation Form					
LINK to notify	the national PTC office. After your Class Leader Training is complete, sign into your					
account and p	ay the Class Leader fees here.					
If you plan to t	teach Powerful Tools for Caregivers in a country outside the United States or in another					
language, cont	tact the PTC office so we can assist your organization in disseminating the PTC program.					

- Select the Class Leader Training Confirmation Form Link. One Master Trainer will complete this form. They will list the registration email (if different from the Master Trainer email) and list of all names of additional Master Trainers.
- Complete all form fields. You can select "Send me a copy of my responses" and a copy of the form will be emailed to you.

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Powerfu	l Tools fo	or Careg	<b>jivers -</b> '	Class
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#### 6. Click Submit.



If it is a **Public** event, it will added to the PTC website – Class Leader Training Schedule.

7. After the form is submitted, the Master Trainer will receive a **confirmation email**.



The confirmation email will be from "Susan DeBlieck via Smartsheet" and will include details about ordering materials, Roster Email, and paying fees.

Need help? Contact ptcaregivers@iastate.edu

#### Powerful Tools for Caregivers

### **PTC Class Leader Training: Roster Email**

Complete the Roster Email for your Class Leader Training. Powerful Tools for Caregivers now has an online form for you to complete. Deadline: 7 days after the class leader training start date.

- You will receive an email from "Susan DeBlieck via Smartsheet" before your Class Leader Training begins.
- When you are ready to submit your complete list of Class Leader Training participant email addresses and number of participants. Open the Roster Email and click **Open Update Form**.

# You can only update the form using the link in the Roster Email once.



3. Complete the form fields: Number of Participants and Email Addresses Participants One Per Line.

The Class Leader Training Begin and End dates are shown as a reference.



4. Click **Submit Update** to save your changes and complete the Roster Email task.

PTC headquarters will be notified of the updates made in the form.

CL Training: Beg	jin Date
07/27/2021	8
CL Training: End	Date
07/28/2021	51
Email Addresses	s Participants one per line
Email Addresses	s Participants one per line
Email Addresses	s Participants one per line

**Help:** If you have questions about the Confirmation Form and Roster Email, contact <a href="mailto:ptcaregivers@iastate.edu">ptcaregivers@iastate.edu</a>

# PTC Class Leader Training: Paying the Class Leader License Fees

Master Trainers will initiate the process to submit payment of Class Leader License Fees to the Iowa State University Extension Store. Deadline: 10 days after the class leader training start date.

1. Master Trainers will login to their Iowa State University Extension Store account.



- Once the Master Trainer is logged in, search for Powerful Tools for Caregivers or use this link: <u>https://store.extension.iastate.edu/product/16222</u>
- 3. Click the Add to Cart button.
- 4. **Type the number** of participants for the Class Leader Training in the text box next to Update.
- 5. Click Update.



- 6. After updating the number of participants, click **Checkout.**
- 7. Enter your address as the **Shipping Address**. *The item will not be shipped to you.* Click **Next.**
- 8. Select the **Payment Method** and enter the **Billing Address.** Payment methods include credit card and check or money order.



If you wish for someone else to make the payment on your behalf, select Check / Money Order and print the confirmation page to include with payment. Or select credit card and include the billing address for the credit card holder.

**Help:** If you have questions about payment, please contact the Extension Store at 515-294-5247 or **extstore@iastate.edu**.

### **PTC Class Leader Training: Welcome Email**

After the Roster Email has been completed, PTC Headquarters will reach out to your newly trained Class Leaders with the Welcome Email.

- PTC headquarters adds the new Class Leader email addresses from the Roster Email to our PTC email newsletter list.
- PTC headquarters sends new Class Leaders the Welcome Email. Please ask Class Leaders to check their junk email box if they can't find the Welcome Email.
- The Welcome Email includes the link to the Class Leader License Agreement. Newly trained class leaders need to click on the link to complete the Class Leader License Agreement.
- 4. The **Class Leader License Agreement** includes contact information about the Class Leader. Complete all form fields.





5. Click **Submit** to save changes. One may select "send me a copy of my responses".



 The Welcome Email also includes the link to the Class Leader Training and details for creating an account at the Iowa State University Extension Store to access Powerful Tools for Caregivers materials.

**Note:** New Class Leaders will be added to the PTC Class Leader file access list after payment is complete to the Iowa State University Extension Store. Need help? <u>ptcaregivers@iastate.edu</u>

# Finding PTC materials at the Extension Store: PTC Class Leader Training Materials

Browse and download Powerful Tools for Caregivers files that support you in training new PTC Class Leaders.

- 1. Go to the Extension Store: https://store.extension.iastate.edu.
- 2. Login by entering your Email and Password under **My Account**.



- Search for Powerful Tools for Caregivers
- 4. Open: Master Trainer Materials Powerful Tools for Caregivers <u>https://store.extension.iastate.edu/produ</u> ct/16223

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Store Home Agriculture & Environ	ment v Families & Health v	Economic Development ~ Y	′ard & Garden → 4-H →
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Inclution fulling	Digital Download (.zip)	s0.00	Download

5. Click Download to download the zip file.

- 6. Open the zipped folder on your computer. "Trainer Materials"
- 7. Start here: **1002 Contents Introduction Purpose** to learn more about the Class Leader Training process.

In Person
Virtual
🕭 1001 Cover
1002 Contents Introduction Purpose PTC Class Leader Training
1004 Cost Planning Worksheet PTC Class Leader Training
🖬 1005 Application PTC Class Leader Training
🖬 1006 Flyer PTC Class Leader Training
1007 Confirmation Letter to Trainee PTC Class Leader Training
1008 Roster Attendance PTC Class Leader Training
1009 Handouts PTC Class Leader Training
1010 Slides Practice Teaching PTC Class Leader Training
1011 Tips Practice Teaching PTC Class Leader Training
I013 Assignments Practice Teaching PTC Class Leader Training
I014 Script Stress Practice Teaching PTC Class Leader Training
1015 Script   Messages Practice Teaching PTC Class Leader Training
1016 Script DESC Practice Teaching PTC Class Leader Training
1017 Script Aikido Practice Teaching PTC Class Leader Training
1018 Script Emotions Practice Teaching PTC Class Leader Training
1019 Script Guilt Practice Teaching PTC Class Leader Training

- File numbers 1001-1009: Files for all Class Leader Trainings (virtual or inperson)
- File numbers 1010-1019: For Practice Teaching assignment
- In Person Folder: For the two-day inperson Class Leader Training
- **Virtual Folder:** For the five-day virtual Class Leader Training

# **PTC Class Leader Training: Evaluation Results**

The evaluation results for a Class Leader Training will be shared with the Master Trainer following the event. The results may be shared 7 days after the Roster Email task is completed.

- After the Roster Email is completed, Class Leader Training participants are sent the Welcome Email. The Welcome Email includes a link to the evaluation.
- Evaluation respondents are asked to provide information about the Class Leader Training event that they participated in – Class format (virtual or in-person), Start date, and names of PTC Master Trainers. If the event was in-person, they will be asked to specify the state/province of the training.
- 3. Data from questions include:
  - a. Objectives of the training were clear
  - b. Training met my expectations
  - c. Training materials were helpful
  - d. Trainer offered helpful tips
  - e. Training was appropriate for my level of experience
  - f. How do you plan to use Powerful Tools for Caregivers curriculum?
  - g. How confident are you that you will be able to implement the Powerful Tools for Caregivers classes?
  - h. Instruction quality was high
  - i. Trainers were organized
  - j. There was opportunity for participant questions
  - k. The training was helpful for me to implement the PTC caregiver classes
  - I. Trainer was well prepared
  - m. Trainer was knowledgeable about the training topics

- 4. Open ended questions include:
  - a. What did you like best about the PTC Class Leader Training?
  - b. How can we improve the PTC Class Leader Training?
  - c. Comments
- 5. The results will be shared with the Master Trainer 7 days after the Roster Email is complete. The email will include an attached excel file with evaluation results.

Objectives of the 💌	Training met my ex 🔻	Training materials 💌	Trainer offered he
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Strongly agree	Strongly agree
Somewhat agree	Strongly agree	Strongly agree	Strongly agree
Strongly agree	Strongly agree	Somewhat agree	Strongly agree